

# 12<sup>th</sup> Mansoura International Foot and Ankle Course

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## Program

Wednesday 11<sup>th</sup> of March 2020

08.30 - 09.30 **Registration**

### **Session I FLATFOOT**

#### **Chairmen**

*Dr George Abi Raad*

*Prof. Hani El-Mowafi*

09.30 – 09.45

**Z- Calcaneal Osteotomy**

*As. Prof. Mohamed Gomaa*

09.45 – 09.55

**Lateral Column Lengthening with Rectangular Graft**

*Dr Mohamed Abd- ElAal*

09.55 – 10.10

**Subtalar Arthroereisis in Pediatric Flatfoot**

*Prof. Mazen Samir*

10.10 – 10.20

**Is the calcaneal stop procedure is age limited?**

*Dr Mahmoud Abo-Zeid*

10.20 – 10.35

**Soft tissue surgery in T.P.T. dysfunction: when, why and how**

*Dr Antonio Viladot*

10.35 – 10.45

**Late assessment of a soft tissue reconstructive procedure for correction of severe flexible flat foot**

*Dr Maher ElKamhawy*

10.45 – 11.00

**Discussion & Take Home Message**

11.00 – 11.30

**Coffee Break**

### **Session II ARTHROSCOPY**

#### **Chairmen**

*Dr Antonio Viladot*

*Prof. Akram Hammad*

*Prof. Ahmed El-Hawary*

11.30 – 11.45

**The current role of arthroscopy in chronic ankle instability.**

*Dr Jordi Vega*

11.45 – 12.00

**Arthroscopic assistance of supramalleolar ankle fractures**

*Dr Josep Torrent*

12.00 – 12.15

**Chronic Achellis Rupture can be Treated Endoscopic**

*Prof. Ahmed El-Hawary*

12.15 – 12.30

**Endoscopic procedures in Achilles tendinopathy.**

*Dr Jordi Vega*

12.30 – 12.45

**Discussion & Take Home Message**

## **Session III**

### **Chairmen**

*Dr Josep Torrent*

*Prof. Mazen Samir*

12.50 – 01.00

**NOVARTIS Symposium**

01.00 – 02.00

**Clinical Cases Discussion**

02.00 – 03.00

**Lunch**

## **Session IV**

### **MINI-INVASIVE**

#### **Chairmen**

*Mr Wagih Moussa*

*Prof. Alaa El-Zoheiry*

03.00 – 03.10

**ADWIA Symposium**

03.10 – 03.25

**Minimally Invasive proximal Metatarsal Diaphyseal Osteotomy for Chronic Plantar Diabetic Foot Ulcers.**

*Dr Josep Torrent*

03.25 – 03.40

**Percutaneous Surgery For Lesser Toes Deformities**

*Dr George Abi-Raad*

03.40 – 03.55

**Minimally Invasive Chevron/ Akin (MICA)**

*As. Prof. Mohamed Mokhtar*

03.55 – 04.10

**Minimal Invasive Fixation of Ankle Fractures in Osteoporotic Patients**

*Dr Samer Ali*

04.10 – 04.25

**Percutaneous Calcaneal Osteotomy**

*Dr George Abi Raad*

04.25 – 04.40

**Salvage Procedure For Recurrent Metatarsalgia Of The Lesser Toes**

*Dr Josep Torrent*

04.40 – 04.55

**Weil versus DMMO**

*Dr George Abi-Raad*

04.55 – 05.10

**Discussion & Take Home Message**

05.10 – 05.45

**WELCOME MESSAGE & OFFICIAL OPENING**

05.45 – 06.00

**Declaration of MCQ Prize Winners**

06.00 – 07.00

**Workshop Day 1**

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## Program

Thursday 12<sup>th</sup> of March 2020

### Session I      **ANKLE & HINDFOOT**

#### Chairmen

*Dr Antonio Viladot*

*Prof. Gamal Hosny*

- 09.00 – 09.15      **Arthrodesis vs. TAR : Difficult Election**  
*Dr Antonio Viladot*
- 09.15 – 09.30      **Ankle Instability**  
*Prof Nasef Mohamed Nasef*
- 09.30 – 09.45      **How to Manage Ankle Bony Impingement.**  
*Dr Jordi Vega*
- 09.45 – 10.00      **Overview of Ankle Fracture Management**  
*Mr Wagih Moussa*
- 10.00 – 01.15      **Cost-Benefits of Primary subtalar Arthrodesis in Sander's 4  
Calcaneal Fracture**  
*Dr Amro Soliman*
- 10.15 – 10.30      **Chronic Heel Pain**  
*Prof. Ahmed Kholeif*
- 10.30 – 10.45      **Haglund's Deformity**  
*Prof. Yasser Abd-ElFatah*
- 10.45– 11.00      **Discussion & Take Home Message**

### Session II

#### Chairmen

*Dr George Abi Raad*

*Prof. Atef El-Beltagy*

- 11.00 – 11.10      **ORTHOMEDICS Symposium**
- 11.10 – 12.00      **Clinical Cases Discussion**
- 12.00 – 12.30      **Coffee Break**

## **Session III      DEFORMITY**

### **Chairmen**

*Prof. Bahaa Korna*

*Prof. Ahmed Kholeif*

*Prof. Ali Reda*

- 12.30 – 12.45      **Fibular lengthening in Valgus Foot**  
*Prof. Gamal Hosny*
- 12.45- 01.00      **Current Concept in dealing with Complex Foot Deformity**  
*Prof. Hani El-Mowafi*
- 01.00- 01.15      **Cavovarus Deformity**  
*As. Prof. Amro Farouk*
- 01.15 – 01.30      **External Fixator in Cavus Foot**  
*Prof. Gamal Hosny*
- 01.30- 01.45      **Management of Foot and Ankle Charcot Arthropathy: Update**  
*Prof. Hani El-Mowafi*
- 01.45- 02.00      **Foot Deformities in CP**  
*Prof. Amin AbdelRazek*
- 02.00 – 02.15      **Discussion & Take Home Message**

## **Session IV      SOFT TISSUE**

### **Chairmen**

*Dr. Jordi Vega*

*Prof. Nasef Mohamed Nasef*

*Prof. Mohamed Gomaa*

- 02.15 - 02.30      **Bioengineered skin and soft tissue substitutes: A magic solution in Diabetic Foot and other orthoplastic Problems**  
*Prof. Mohamed Lakloul*
- 02.30- 02.40      **EHL Reconstruction**  
*Dr. Ahmed Ekram*
- 02.40- 02.50      **Combined Chronic Peroneal Tendon Dislocation and Bony Avulsion of Lateral Collateral Ligament**  
*Dr. Ayman Abd El-Fatah*
- 02.50 – 03.00      **Discussion & Take Home Message**
- 03.00 – 04.00      **Lunch**

## **Session V MISCELLANEUS**

### **Chairmen**

*Dr Josep Torrent*

*Prof. Mohamed Mokhtar*

- 04.00 – 04.15 **How to Approach a Surgical Complication in the Foot**  
*Dr Antonio Viladot*
- 04.15 – 04.30 **Congenital Vertical Talus**  
*Prof. Atef El-Beltagy*
- 04.30 – 04.45 **Lisfranc Injury**  
*Dr. Hazem Shokeir*
- 04.45 – 05.00 **Lapidus Procedure**  
*Prof. Ali Reda*
- 05.00 – 05.15 **Stress Fractures of The Foot and Ankle**  
*Dr Ahmed Ramy*
- 05.15 – 05.30 **Hallux Rigidus**  
*Dr Ahmed Sami AbdelAziz*
- 05.30 – 05.45 **Discussion & Take Home Message**
- 05.45 – 06.00 **Declaration of MCQ Prize Winner**
- 06.00 – 06.30 **CLOSING CEREMONY**
- 06.30 – 07.30 **Workshop Day 2**